

Classroom Guidance

Title of Lesson: HBW and the Power of Giving **Domain:** Personal Social
Grade Level: K-3 **Time Required:** 30 minutes

ASCA National Standard(s):

PERSONAL/SOCIAL DOMAIN

STANDARD A: Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.

Competency A1 Acquire Self-Knowledge

PS:A1.1 develop positive attitudes toward self as a unique and worthy person

PS:A1.2 identify values, attitudes and beliefs

PS:A1.4 understand change is a part of growth

PS:A1.5 identify and express feelings

PS:A1.10 identify personal strengths and assets

Essential Question:

How do I show generosity?

Material/Resources:

Howard B. Wigglebottom and the Power of Giving *on the Smartboard* www.wedolisten.com

Small, blank pieces of paper

Activity:

1. Have the students sit in a circle on the floor and bring a small strip of paper and a pencil. If you have a die cut machine, you could make each student a holiday shape to write on.
2. Read or watch the story Howard B. Wigglebottom and the Power of Giving
3. Discuss the story. At the beginning of the story, why did Howard like Christmas so much? What is the difference between wanting and needing? How could Howard's feelings about the presents have been different?

Then, tell the students we are going to give gifts to each other. These are not going to be toys or gifts from the store. On their small pieces of paper, they should begin by writing their name. Then, put all of the names in a bag. Then, mix up the names and then pass them out so that each student receives a paper with someone else's name on it.

Next, tell the children that they will write a special gift they would give the student whose name they received. It would not be an expensive gift from a toy store. It needs to be a gift from the heart. For example, they could write to someone "I will stop cutting in line in front of you on the way to lunch" and give the paper to them. If the name is a classmate that loves art, they could write, "I will give you paints and picture frames, so that you could make beautiful artwork and display it in your room. If it's someone that seems lonely outside sometime, they could write, "I will play with you more at recess", etc. Think of something someone has given to you that was not materialistic. Think of something you could give someone else that is not materialistic. Write on your slip of paper the thing you are going to give someone else.

Have the students share something they have received and what they are going to give. After they have shared have them return their paper to the owner. Make sure that everyone gives and receives a "gift".

After everyone has shared discuss how holidays are not the only time to think about kindness and giving. Encourage them to follow through on their "gifts" that they gave today, if they can. Leave a poster downloaded from the website in the classroom.