

Howard B. Wigglebottom Learns About Courage *Reviews*

- *Children face many fears as they encounter the world around them. Some fears are healthy, such as those that protect them from harm. But some fears are really just a worry about the unknown, and these only prevent kids from trying something new. Howard is a great role model as he faces his own fears, conquering them in the process.*
-Alice Berger, Bergers Book Reviews
- *Howard B. Wigglebottom Learns About Courage is an inspiring book for kids suffering from anxiety and opens a doorway to discussion about fears and ways to overcome them.* –*The Children’s Book Review*
- *Howard B. Wigglebottom is a fantastic character that children can relate to and experience situations that they deal with in their own lives. The lessons taught are easy to understand for children and are presented with real life solutions for how to deal with problems they encounter every day. My students adore these books and are always asking to read them over and over. As a teacher, I’m glad there is such a well-written character building series for my students to love.*
Jule Lewis, Student Achievement Coach, Imagine on Superior
- *All children (and adults too) are afraid of something. While everyone is afraid of something we all have to show courage and bravery to overcome our fears. If we don’t, we will end up missing out on life. This book puts it in a*

way that children really understand and respond to. -
Mommys Musings

- *I read the book to a kindergartener having issues. It was his first day of school and the book was so helpful in aiding him to express his fears. This is going to be a great book to use with kindergarten classes every year when school begins. -Mrs. Frechette, School Counselor, West Navarre, Florida*
- *The topic was perfect for my 4- year old and my 7- year old gained additional perspective on this topic. Great book!- Alicia Kirby, Elgin Minnesota*
- *The book was just what my 8-year old son needed. He struggles with going new places and meeting new people. Now I can just remind him to be brave and do it anyway! - Ashley Vilaridi, Surprise, Arizona*
- *My grandson will be starting school in the fall so this was a welcome read in our family. Bonnie Woodrum, Joplin Missouri Grandma*
- *We really enjoyed it. We tested it at my daughter's school and the kids and teacher really liked it too. Giana Byrd, Kingsland, Georgia*
- *My son is 4 and he didn't know what courage meant but through this book, he now understands courage and bravery. - Karla Bond, Clive, Iowa*
- *My son had a hard time at school at the beginning of the year and my daughter has a hard time trying new things. They both loved the book and how Howard was able to*

overcome his fears. LaQuita Bergeron , Amherstburg,
Ontario

- *My son understood and was engaged throughout the story. I can't think of anything to make it better. We liked the story the way it is!* - Nikki Muroski, Rochester, New York
- *It was very simple and straight forward. I love the examples. At one point, my daughter said, "Oh, mama, he's learning."* - Pam Allen Fremont California
- *I liked the connection between fear and courage. I think it is important for parents to embrace this connection and view it (fear) as a positive growth for their child and a way to build courage.*- Laurene O'Malley, Sherman Oaks Elementary, Sherman Oaks, California
- *This is a great book with a wonderful topic. The children were able to relate. My 1st graders loved it as well as myself.* -Deborah Cochran, Sherman Oaks Elementary, Sherman Oaks, California
- *I liked the idea that you must have fear to be brave. It stimulates a lot of discussion. Also, I've grown fond of Mr. Wigglebottom.* -Cynthia Paonessa, Sherman Oaks Elementary, Sherman Oaks, California.
- *The story promotes acceptance of the fear response and gives strategies to overcome it in a child friendly way. It is an important book to read. Fear is something that can be discussed much more than it is in our culture. The message about fear in this book is one of empathy and empowerment. Empathy is important to help children*

accept that they are not alone in feeling fear, and that it is OK to feel afraid. I saw that even one reading of the book offered some empowerment to children who have experienced intense fears. Joanne De Graaf, Peel Alternative School South, Mississauga, Ontario, Canada

- *It's an important book to be read and re-read especially since the big earthquake and tsunami hit us in Japan in March 2011. We have lots of residual fears.-* Leigh Fox, Cummings Elementary, Misawa Air Force Base, Japan
- *I really like the dialogue between Howard and the oriole. It makes the point that you need fear to be brave. Great lesson! The students loved it!-* Mary Griley, Lee Elementary, Los Alamitos, California
- *The children liked the idea of being brave because they have fears of ghosts, snakes and spiders. -*Teckla Lowdermilk, Victoria Avenue Elementary, South Gate, California
- *All the children can relate to the story. Whenever students say something is too hard and they can't do it, all I need to do is mention Howard's name. -*Susan Sarta, Victoria Avenue Elementary, South Gate, California
- *It would be great to revisit this book throughout the school year. Various students show anxiety. This story can help them show courage. -*Michael Theodore, Victoria Avenue Elementary, South Gate, California
- *I was surprise and pleased with how well the class "got" the book. One boy said it was like a little plant growing*

bigger, like you “can grow up braver.” Teri Poulus, Golden West Elementary, Manteca, California

- *Good way to explain fear and letting kids know that it isn't always a bad thing.* –Julia Capron, Garden Elementary, Venice, Florida
- *The children recognized his fears and standing up against them was very apparent.*–Donna Dunbar, Garden Elementary, Venice, Florida
- *This is a book that children can really relate to and it offers great opportunities for classroom discussions.* Celeste Carol, Garden Elementary, Venice, Florida
- *The book is great for the beginning of the school year, when a child moves, testing, etc.* –Aggie Harrison, Garden Elementary, Venice, Florida
- *Courage and Bravery are difficult concepts; The book is easy for kids to understand.* –Theresa Corlett, Garden Elementary, Venice, Florida