BOOKS FOR ADULTS & CHILDREN

ADULTS


· Bullies & Victims: Helping Your Child through the Schoolyard Battlefield by SuEllen Fried and Paula Fried, Ph.D.

· Bullying at School: What We Know and What We Can Do by Dan Olweus

· Bullying in Schools; Fighting the Bully Battle. National Safety Center- Hilda Clarice Quiroz, June Lane Arnette and Rondal D. Stephens

· Bullying Prevention for Schools: a Step-by-Step Guide to Implementing a Successful Anti-Bullying Program by Allan Beane

· Bully-Proofing in Early Childhood *** Kayla McCarnes MSW, PhD; Karin Nelson PhD, NCSP; Nancy Sager MA. This book teaches preschool and kindergarten students the importance of kindness, friendship, and respect for others. The focus is on creating a caring community where bullying is unacceptable. Lesson plans introduce children to the positive social skills and attitudes that prevent bullying. Family materials are printed in English and Spanish

· Bully-Proof Your Classroom Teaching Kit by Scholastic Books
• Bully-Proofing Your School: A Comprehensive Approach for Elementary Schools by Carla Garrity, Kathryn Jens, William Porter, Nancy Sager and Cam Short-Camilli

• Bully-Proofing Your School: Working with Victims and Bullies in Elementary Schools by Carla Garrity

• Childhood Bullying and Teasing by Dorothea M. Ross, Ph.D.

• Children and Bullying: How Parents and Educators can Reduce Bullying in Schools. - Ken Rigby

• Children, Have You Filled Your Bucket Today? - Carol McCloud

• Child Support Through Small Group Counseling by Lois Landry

• Cliques: 8 Steps to Help Your Child Survive the Social Jungle by Charlene C. Giannetti and Margaret Sagarese

• Early Learning Prevents Youth Violence***: Tremblay, R.E; Gervais G; Petitclerc, E., Montreal, Quebec Centre of Excellence for Early Childhood Development.

• Easing the Teasing: Helping Your Child Cope with Name-Calling,
Ridicule, and Verbal Bullying by Judy S. Freedman
· Emotional Intelligence by Daniel Goleman
· Empowering Bystanders in Bullying Prevention by Stan Davis with Julia Davis (Includes a 50-minute DVD)
· Free the Children! Conflict Education for Strong and Peaceful Minds by Susan Gringras Fitzell
· Good Friends Are Hard to Find: Help Your Child Find, Make and Keep Friends by Fred Frankel, Ph.D.
· How to Handle a Hard-to-Handle Kid by C. Drew Edwards, Ph.D.
· How to Talk so Kids Will Listen and Listen So Kids Will Talk by Adele Faber and Elaine Mazlish
· Learning the Skills of Peacemaking by Naomi Drew
· Mom, They're Teasing Me: Helping Your Child Solve Social Problems by Michael Thompson, Lawrence J. Cohen and Catherine O’Neill Grace
· My Secret Bully (Mia Enemiga Secreta) by Trudy Ludwig
· No Room for Bullies by Jose Bolton, Jr.
· Odd Girl Out: The Hidden Culture of Aggression in Girls, by Rachael Simmons
· Quit It! A Teacher’s Guide on Teasing and Bullying for Use with Steps to Respect: A Bullying Prevention Program for Elementary Schools***. Committee for Children Seattle WA:2005. This is a
school-wide bullying prevention program for grades 3-6. The program teaches children friendship skills and how to recognize, refuse, and report bullying through videos and class discussions.

· Reducing School Violence through Conflict Resolution by David W. Johnson and Roger T. Johnson
· Schools Where Everyone Belongs: Practical Strategies for Reducing Bullying by Stan Davis
· Set Straight on Bullies by Stuart Greenbaum, Brenda Turner and Ronald D. Stephens
· Steps to Respect: A Bullying Prevention Program for Elementary Schools-Committee for Children, Seattle, Washington
· Students in Grades K-3 by Merle Froschi
· Tackling Bullying in Your School edited by Sonia Sharp and Peter K. Smith
· Teaching Your Kids to Care by Deborah Spaide
· The ABC’s of Bullying Prevention: a Comprehensive Schoolwide Approach by Kenneth Shore
· The Anti-Bullying and Teasing Book for Preschool Classrooms by Barbara Sprung, Blythe Hinitz & Merle Froschl
· The Bully Buster by Jane Drake
· The Bully Free Classroom by Allan Beane, Ph.D
· The Bully, the Bullied, and the Bystander by Barbara Coloroso
· The Challenge to Care in Schools by Nel Noddings
· The Power of Positive Talk by Douglas Bloch
· The Safe Child Book by Sherryl Kraizer, Ph.D.
· The Way I Feel by Janan Cain
· Waging Peace in Our Schools by Linda Lantieri and Janet Patti
· What to Do When Kids Are Mean To Your Child by Elin McCoy
· Win the Whining War & Other Skirmishes by Cynthia Whitham, M.S.W.
· You Can’t Say You Can’t Play by Vivian Gussin Paley

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Immediate Past President of the National Association of School Psychologists

BOOKS FOR CHILDREN AGES 4-8

· Bailey the Big Bully by Liz Boyd
· Blue Cheese Breath and Stinky Feet: How to Deal with Bullies by Catherine DePino
· Lucy and the Bully by Claire Alexander
· Bootsie Barker Bites by Barbara Bottner
· Bully by Judith Caseley
· Bully (Good Bad) by Janine Amos
· Bully Trouble by Joanna Cole
· Chester Raccoon and the Big Bad Bully by Audrey Penn
· Dog Eared by Amanda Harvey
- Don’t Laugh at Me by Steve Seskin and Allen Shamblin
- Enemy Pie by Derek Munson
- First Grade King by Karen L. Williams
- Hooway for Wodney Wat *** by Helen Lester
  Ages 5-8. Classmates make fun of someone because of a speech impediment
- Howard B. Wigglebottom Learns about Bullies *** by Howard Binkow.
  Ages 4-7. Howard, a rabbit listens to the voice in his head telling him, he should tell his teacher about the bullying he receives from the Snorton twins, a set of overgrown pigs.
  by Laurie Krasny Brown and Marc Brown
- How to Lose All Your Friends by Nancy Carlson
- I Like Being Me: Poems for Children About Feeling Special, Appreciating Others, and Getting Along by Judy Lalli
- I Like Me! By Nancy L. Carlson
- I’m Like You, You’re Like Me: A Child’s Book About Understanding and Celebrating Each Other by Cindy Gainer
- King of the Playground*** by Phyllis Reynolds Naylor
  Ages 4-8. With his dad’s help, a young boy overcomes his fear of a boy who will not let him on the playground.
- Liking Myself by Pat Palmer
· Loudmouth George and the Sixth Grade Bully by Nancy L. Carlson

· Lucy and the Bully by Claire Alexander

· Mr. Peabody’s Apples by Madonna

· My Secret Bully (Mi Enemiga Secreta)*** by Trudy Ludwig,
  (translator Aurora Hernandez). Ages 5-8. A girl confides to her mother that best friend is treating her badly, and together they figure out what to do.

· Nobody Knew What to Do *** by Becky Ray McCain
  Ages 6-9. When bullies pick on a boy at school, a classmate is afraid, but decides he must do something

· Pinky and Rex and the Bully by James Howe

· Please Stop, I Don’t Like That!” 6 Magic Words to Be Respectfully Assertive by Sandy Ragona

· Push and Shove by Jim and Joan Boulden

· Recess Queen ***by Alexis O’Neil
Ages 4-8. The biggest bully on the playground is challenged by a new girl at school.

· Say Something by Peggy Moss and Lea Lyon

· Simon’s Hook; A Story About Teases and Putdowns by Karen Gedig Burnett

· Stand Tall, Molly Lou Melon *** by Patty Lovell

Ages 4-8. A young girl is ready for when the class bully at new school makes fun of her.

· Stop Picking on Me *** by Thomas and Leslie Harker. Ages 5-8.

Simple and direct language to help young kids accept the normal fears and worries that accompany bullying

· Stop Picking on Me-A First Look at Bullying by Pat Thomas

· The Ant Bully by John Nickle

· The Bully Blockers Club by Teresa Bateman

· The Brand New Kid by Katie Couric

· The Meanest Thing to Say by Bill Cosby

· The Rat and the Tiger by Keiko Kasza

· We Can Get Along: a Child’s Book of Choices by Lauren Murphy Payne, M.S.W.

· Words are Not for Hurting and Hands are Not for Hitting by Elizabeth Verdick

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