

BOOKS FOR ADULTS & CHILDREN

ADULTS

- Best Friends, Worst Enemies: Understanding the Social Lives of Children by Michael Thompson, Lawrence J. Cohen and Catherine O'Neill
- Bullies & Victims: Helping Your Child through the Schoolyard Battlefield by SuEllen Fried and Paula Fried, Ph.D.
- Bullying at School: What We Know and What We Can Do by Dan Olweus
- Bullying in Schools; Fighting the Bully Battle. National Safety Center- Hilda Clarice Quiroz, June Lane Arnette and Rondal D. Stephens
- Bullying Prevention for Schools: a Step-by-Step Guide to Implementing a Successful Anti-Bullying Program by Allan Beane
- Bully-Proofing in Early Childhood *** Kayla McCarnes MSW, PhD; Karin Nelson PhD, NCSP; Nancy Sager MA. This book teaches preschool and kindergarten students the importance of kindness, friendship, and respect for others. The focus is on creating a caring community where bullying is unacceptable. Lesson plans introduce children to the positive social skills and attitudes that prevent bullying. Family materials are printed in English and Spanish
- Bully-Proof Your Classroom Teaching Kit by Scholastic Books

- Bully-Proofing Your School: A Comprehensive Approach for Elementary Schools by Carla Garrity, Kathryn Jens, William Porter, Nancy Sager and Cam Short-Camilli
- Bully-Proofing Your School: Working with Victims and Bullies in Elementary Schools by Carla Garrity
- Childhood Bullying and Teasing by Dorothea M. Ross, Ph.D.
- Children and Bullying;; How Parents and Educators can Reduce Bullying in Schools.- Ken Rigby
- Children, Have You Filled Your Bucket Today?- Carol McCloud
- Child Support Through Small Group Counseling by Lois Landry
- Cliques: 8 Steps to Help Your Child Survive the Social Jungle by Charlene C. Giannetti and Margaret Sagarese
- Early Learning Prevents Youth Violence***: Tremblay, R.E; Gervais G; Petitclerc, E., Montreal, Quebec Centre of Excellence for Early Childhood Development.
- Easing the Teasing: Helping Your Child Cope with Name-Calling,

Ridicule, and Verbal Bullying by Judy S. Freedman

- Emotional Intelligence by Daniel Goleman

- Empowering Bystanders in Bullying Prevention by Stan Davis with Julia Davis (Includes a 50-minute DVD)

- Free the Children! Conflict Education for Strong and Peaceful Minds by Susan Gringras Fitzell

- Good Friends Are Hard to Find: Help Your Child Find, Make and Keep Friends by Fred Frankel, Ph.D.

- How to Handle a Hard-to-Handle Kid by C. Drew Edwards, Ph.D.

- How to Talk so Kids Will Listen and Listen So Kids Will Talk by Adele Faber and Elaine Mazlish

- Learning the Skills of Peacemaking by Naomi Drew

- Mom, They're Teasing Me: Helping Your Child Solve Social Problems by Michael Thompson, Lawrence J. Cohen and Catherine O'Neill Grace

- My Secret Bully (Mia Enemiga Secreta) by Trudy Ludwig

- No Room for Bullies by Jose Bolton, Jr.

- Odd Girl Out: The Hidden Culture of Aggression in Girls, by Rachael Simmons

- Quit It! A Teacher's Guide on Teasing and Bullying for Use with

- Steps to Respect: A Bullying Prevention Program for Elementary Schools***. Committee for Children Seattle WA:2005. This is a

school-wide bullying prevention program for grades 3-6. The program teaches children friendship skills and how to recognize, refuse, and report bullying through videos and class discussions.

- Reducing School Violence through Conflict Resolution by David W. Johnson and Roger T. Johnson

- Schools Where Everyone Belongs: Practical Strategies for Reducing Bullying by Stan Davis

- Set Straight on Bullies by Stuart Greenbaum, Brenda Turner and Ronald D. Stephens

- Steps to Respect: A Bullying Prevention Program for Elementary Schools-Committee for Children, Seattle, Washington

- Students in Grades K-3 by Merle Froschi

- Tackling Bullying in Your School edited by Sonia Sharp and Peter K. Smith

- Teaching Your Kids to Care by Deborah Spaide

- The ABC's of Bullying Prevention: a Comprehensive Schoolwide Approach by Kenneth Shore

- The Anti-Bullying and Teasing Book for Preschool Classrooms by Barbara Sprung, Blythe Hinitz & Merle Froschl

- The Bully Buster by Jane Drake

- The Bully Free Classroom by Allan Beane, Ph.D

- The Bully, the Bullied, and the Bystander by Barbara Coloroso

- The Challenge to Care in Schools by Nel Noddings

- The Power of Positive Talk by Douglas Bloch
- The Safe Child Book by Sherryll Kraizer, Ph.D.
- The Way I Feel by Janan Cain
- Waging Peace in Our Schools by Linda Lantieri and Janet Patti
- What to Do When Kids Are Mean To Your Child by Elin McCoy
- Win the Whining War & Other Skirmishes by Cynthia Whitham,
M.S.W.

· You Can't Say You Can't Play by Vivian Gussin Paley

*** Recommended by Rhonda J. Armistead, Ph.D. NCSP

Immediate Past President of the National Association of School
Psychologists

BOOKS FOR CHILDREN AGES 4-8

- Bailey the Big Bully by Liz Boyd
- Blue Cheese Breath and Stinky Feet: How to Deal with Bullies by
Catherine DePino
- Lucy and the Bully by Claire Alexander
- Bootsie Barker Bites by Barbara Bottner
- Bully by Judith Caseley
- Bully (Good Bad) by Janine Amos
- Bully Trouble by Joanna Cole
- Chester Raccoon and the Big Bad Bully by Audrey Penn
- Dog Eared by Amanda Harvey

- Don't Laugh at Me by Steve Seskin and Allen Shamblin

- Enemy Pie by Derek Munson

- First Grade King by Karen L. Williams

- Hooway for Wodney Wat *** by Helen Lester

Ages 5-8. Classmates make fun of someone because of a speech impediment

- Howard B. Wigglebottom Learns about Bullies ***by Howard Binkow.

Ages 4-7. Howard, a rabbit listens to the voice in his head telling him, he should tell his teacher about the bullying he receives from the Snorton twins, a set of overgrown pigs.

- How To Be A Friend: A Guide to Making Friends and Keeping Them by Laurie Krasny Brown and Marc Brown

- How to Lose All Your Friends by Nancy Carlson

- I Like Being Me: Poems for Children About Feeling Special, Appreciating Others, and Getting Along by Judy Lalli

- I Like Me! By Nancy L. Carlson

- I'm Like You, You're Like Me: A Child's Book About Understanding and Celebrating Each Other by Cindy Gainer

- King of the Playground*** by Phyllis Reynolds Naylor

Ages 4-8. With his dad's help, a young boy overcomes his fear of a boy who will not let him on the playground.

- Liking Myself by Pat Palmer

· Loudmouth George and the Sixth Grade Bully by Nancy L. Carlson

· Lucy and the Bully by Claire Alexander

· Mr. Peabody's Apples by Madonna

· My Secret Bully (Mi Enemiga Secreta)*** by Trudy Ludwig,
(translator Aurora Hernandez). Ages 5-8. A girl confides to her
mother that best friend is treating her badly, and together they
figure out what to do.

· Nobody Knew What to Do *** by Becky Ray McCain

Ages 6-9. When bullies pick on a boy at school, a classmate is afraid,
but decides he must do something

· Pinky and Rex and the Bully by James Howe

· Please Stop, I Don't Like That!" 6 Magic Words to Be Respectfully
Assertive by Sandy Ragona

· Push and Shove by Jim and Joan Boulden

· Recess Queen ***by Alexis O'Neil

Ages 4-8. The biggest bully on the playground is challenged by a new girl at school.

- Say Something by Peggy Moss and Lea Lyon
- Simon's Hook; A Story About Teases and Putdowns by Karen Gedig Burnett
- Stand Tall, Molly Lou Melon *** by Patty Lovell

Ages 4-8. A young girl is ready for when the class bully at new school makes fun of her.

- Stop Picking on Me *** by Thomas and Leslie Harker. Ages 5-8.

Simple and direct language to help young kids accept the normal fears and worries that accompany bullying

- Stop Picking on Me-A First Look at Bullying by Pat Thomas
- The Ant Bully by John Nickle
- The Bully Blockers Club by Teresa Bateman
- The Brand New Kid by Katie Couric
- The Meanest Thing to Say by Bill Cosby
- The Rat and the Tiger by Keiko Kasza
- We Can Get Along: a Child's Book of Choices by Lauren Murphy Payne, M.S.W.
- Words are Not for Hurting and Hands are Not for Hitting by Elizabeth Verdick

*** Recommended by Rhonda J. Armistead, Ph.D. NCSP

Immediate Past President; American Association of School
Psychologists

