

Howard B. Wigglebottom and Manners Matters

Suggestions for Lessons and Reflections

To have good manners means to be nice. That means doing only things that make people feel good and comfortable:

- Say “please” when we ask for something.
- Say “thank you” when we get what we asked for or when someone does something nice for us.
- Say “excuse me, I’m sorry” when we burp, pass gas, sneeze, or cough.
- Say “excuse me, I’m sorry” if we bump into someone or break things by mistake.
- Say “excuse me, please” if we have to interrupt adults.
- Cover our faces when we burp, sneeze, or cough.
- Wash our hands every time we go to the bathroom.
- Knock on closed doors and wait for an answer before opening them.
- Wait for our turn to speak or play a game, and when in line.
- Hold open the door when someone is right behind us.
- Only use good words when talking to or about people.

Seem like a lot to remember? Practice every day and, soon, it will be very easy! Ask your teacher and someone in your household to help you!

Why should we wash our hands after going to the bathroom and cover our faces when we cough or sneeze? Because bathrooms, sneezes, and coughs have germs, cooties that can make us sick.

Why should we use only good words when talking to or about people? Because bad words hurt. Good words to use when talking to or about people are “you are pretty,” “she is nice,” “he is a friend,” “you are smart,” “we are good,” and “I like you.” Can you think of more good words to say to people?

What did the manners coach teach the team? To care means to say nice things about and do nice things to or for people, because everyone has feelings.

What nice things can you do to or for people around you today to show you care?

For help with teaching your children good manners, please visit wedolisten.org and click on the Manners Matters interactive lesson.

