

Howard B. Wigglebottom Learns We Can All Get Along

Suggestions for Lessons and Reflections

To get along with our friends and loved ones means we are nice, kind, and respectful to them whenever we can be.

When we get along with others, we feel good and life is easy.

Is it easy to get along with everyone?

No. Some people make it very hard for us to get along with them.

Are you easy to get along with? Are your friends easy to get along with?

Did Howard know how to get along with his friends?

No, he didn't. His friends thought he was no fun until his grandma taught him the rules to get along.

★ RULE #1: EVERYONE NEEDS TO HAVE A SAY

To have a say means we can say what we think, want, and feel and others will not get mad at or make fun of us. When we have a say, we feel respected and loved.

Did Howard let his friends have a say at the beginning of the story?

No, he didn't. By hiding the ball, he wanted to make his friends play what he wanted to play. And by making his friends root for his team only, Howard wanted them to think the way he did.

What happened when Howard didn't let his friends have a say? He and his friends fought and got in trouble.

If you don't want to get in trouble all the time, practice letting your friends have a say. Let them play and think what they want, especially if it's different than what you want to play and what you think.

★ RULE #2: EVERYONE NEEDS TO HAVE A TURN

To have a turn means to have a fair chance to do something you want.

When we let our friends have a turn, we don't cut in line and we share our toys and other things.

Did Howard let his friends have a turn?

No, he didn't. He always cut in line. What happened when he did that? Howard and his friends fought and got in trouble.

Don't get in trouble. Let your friends have their turn to play, to eat, to speak, to sit at the place where everyone wants to sit, and so on.

★ RULE #3: EVERYONE GETS TO BE RIGHT

To be right about something means what we think and say is true and better than what others think or say. Most of us

feel very good when we are right about things.

Some of us get very upset if we don't get to be right all the time.

Do you like to be right about things?

How do you feel when you are wrong?

Did Howard let his friends be right at the beginning of the story? No, he didn't. He picked a fight and got in trouble when he didn't get to be right.

Don't fight with your friends and get in trouble. Practice letting your friends be right, too! Sharing being right is a sure way to get along with everyone!

★ RULE #4: APOLOGIZE

Respecting others means to let them have a say and a turn and to be right. When we fail to respect our friends, we must apologize to them right away. We have to let them know we didn't mean to make them feel bad. If we want our friends to respect us, always treat them the way we want to be treated, and we should **ONLY** use words that make them feel good, not bad.

Remember, for us to be happy and healthy, we need to get along with others and treat everyone the way we like to be treated: with kindness and respect!

