

## Classroom Guidance

**Title of Lesson:** Howard B. Wigglebottom and the Monkey on His Back

**Domain:** Personal Social  
minutes

**Grade Level:** K-2

**Time Required:** 30

### ASCA National Standard(s):

PERSONAL/SOCIAL DOMAIN

STANDARD A: Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.

Competency A1 Acquire Self-Knowledge

PS:A1.1 develop positive attitudes toward self as a unique and worthy person

PS:A1.2 identify values, attitudes and beliefs

PS:A1.4 understand change is a part of growth

PS:A1.5 identify and express feelings

PS:A1.6 distinguish between appropriate and inappropriate behavior

PS:A1.7 recognize personal boundaries, rights, and privacy needs

PS:A1.8 understand the need for self-control and how to practice it

STANDARD C: Students will understand safety and survival skills.

Competency C1 Acquire Personal Safety Skills

PS:C1.7 apply effective problem-solving and decision-making skills to make safe and healthy choices

PS:C1.9 learn how to cope with peer pressure

PS:C1.10 learn techniques for managing stress and conflict

PS:C1.11 learn coping skills for managing life events

### Essential Question:

How do I show honesty? What are things I can do to become an honest person?

### Material/Resources:

Howard B. Wigglebottom and the Monkey on His Back book or [www.wedolisten.org](http://www.wedolisten.org)

Red, yellow, green paper or cards.

### Activity:

- Ask the students why honesty is important. Discuss how lies can grow
- Introduce and read (or watch on the smartboard) Howard B. Wigglebottom and the Monkey on His Back by Howard Binklow
- Stop and discuss why showing honesty was difficult for Howard
- Divide the students into small groups (or you could have enough red, yellow and green cards for each student to have one. Give each group (or individual) a set of cards
- Read the situations aloud to the class. Tell the students that after each situation is read, the groups should decide how honest the people in the situations are being. Explain that groups should decide among themselves and hold up the appropriate color paper. GREEN means the characters are being very honest, YELLOW means they are being somewhat honest, RED means they are being dishonest.

### Evaluation:

Observation of whether the students were able to identify honest and dishonest characters.

Read the following situations aloud to the class.

1. You did not study for your math test so you copy the answers off your neighbor's paper without your neighbor knowing.
2. Your friend allows you to copy her homework since you did not have time to do it.
3. You see a \$20 fall out of someone's pocket, you pick it up and keep it.
4. You find a \$20 bill in an empty parking lot and keep it.
5. You find a ring on the floor of the grocery store and turn it in to the lost and found.
6. You say you already have plans when someone you do not like invites you to a party.
7. You borrow money out of your sister's desk without asking her. You plan on returning it before she finds out.
8. You tell people you caught a 10 pound fish and you did.
9. You tell people you caught a 10 pound fish and it was really 9 ½ pounds.
10. You tell your parents you watered the flowers when you really forgot to do it. Then you water them right away.