

BOOKS FOR ADULTS

- *Best Friends, Worst Enemies: Understanding the Social Lives of Children* by Michael Thompson, Lawrence J. Cohen and Catherine O'Neill
- *Bullies & Victims: Helping Your Child through the Schoolyard Battlefield* by SuEllen Fried and Paula Fried, Ph.D.
- *Bullying at School: What We Know and What We Can Do* by Dan Olweus
- *Bullying in Schools; Fighting the Bully Battle*. National Safety Center- Hilda Clarice Quiroz, June Lane Arnette and Rondal D. Stephens
- *Bullying Prevention for Schools: a Step-by-Step Guide to Implementing a Successful Anti-Bullying Program* by Allan Beane
- *Bully-Proofing in Early Childhood* ***Kayla McCarnes MSW, PhD; Karin Nelson PhD, NCSP; Nancy Sager MA. This book teaches preschool and kindergarten students the importance of kindness, friendship, and respect for others. The focus is on creating a caring community where bullying is unacceptable. Lesson plans introduce children to the positive social skills and attitudes that prevent bullying. Family materials are printed in English and Spanish
- *Bully-Proof Your Classroom Teaching Kit* by Scholastic Books
- *Bully-Proofing Your School: A Comprehensive Approach for Elementary Schools* by Carla Garrity, Kathryn Jens, William Porter, Nancy Sager and Cam Short-Camilli
- *Bully-Proofing Your School: Working with Victims and Bullies in Elementary Schools* by Carla Garrity
- *Childhood Bullying and Teasing* by Dorothea M. Ross, Ph.D.
- *Children and Bullying:; How Parents and Educators can Reduce Bullying in Schools.*- Ken Rigby
- *Children, Have You Filled Your Bucket Today?*- Carol McCloud
- *Child Support Through Small Group Counseling* by Lois Landry
- *Cliques: 8 Steps to Help Your Child Survive the Social Jungle* by Charlene C. Giannetti and Margaret Sagarese
- *Early Learning Prevents Youth Violence****: Tremblay, R.E; Gervais G; Petitclerc, E., Montreal, Quebec Centre of Excellence for Early Childhood Development.
- *Easing the Teasing: Helping Your Child Cope with Name-Calling.*

- *Ridicule, and Verbal Bullying* by Judy S. Freedman
- *Emotional Intelligence* by Daniel Goleman
- *Empowering Bystanders in Bullying Prevention* by Stan Davis with Julia Davis (Includes a 50-minute DVD)
- *Free the Children! Conflict Education for Strong and Peaceful Minds* by Susan Gringras Fitzell
- *Good Friends Are Hard to Find: Help Your Child Find, Make and Keep Friends* by Fred Frankel, Ph.D.
- *How to Handle a Hard-to-Handle Kid* by C. Drew Edwards, Ph.D.
- *How to Talk so Kids Will Listen and Listen So Kids Will Talk* by Adele Faber and Elaine Mazlish
- *Learning the Skills of Peacemaking* by Naomi Drew
- *Mom, They're Teasing Me: Helping Your Child Solve Social Problems* by Michael Thompson, Lawrence J. Cohen and Catherine O'Neill Grace
- *My Secret Bully (Mia Enemiga Secreta)* by Trudy Ludwig
- *No Room for Bullies* by Jose Bolton, Jr.
- *Odd Girl Out: The Hidden Culture of Aggression in Girls.* by Rachael Simmons
- *Quit It! A Teacher's Guide on Teasing and Bullying for Use with*
- *Steps to Respect: A Bullying Prevention Program for Elementary Schools****. Committee for Children Seattle WA:2005. This is a school-wide bullying prevention program for grades 3-6. The program teaches children friendship skills and how to recognize, refuse, and report bullying through videos and class discussions.
- *Reducing School Violence through Conflict Resolution* by David W. Johnson and Roger T. Johnson
- *Schools Where Everyone Belongs: Practical Strategies for Reducing Bullying* by Stan Davis
- *Set Straight on Bullies* by Stuart Greenbaum, Brenda Turner and Ronald D. Stephens
- *Steps to Respect: A Bullying Prevention Program for Elementary Schools*-Committee for Children, Seattle, Washington
- *Students in Grades K-3* by Merle Froschi
- *Tackling Bullying in Your School* edited by Sonia Sharp and Peter K. Smith

- *Teaching Your Kids to Care* by Deborah Spaide
- *The ABC's of Bullying Prevention: a Comprehensive Schoolwide Approach* by Kenneth Shore
- *The Anti-Bullying and Teasing Book for Preschool Classrooms* by Barbara Sprung, Blythe Hinitz & Merle Froschl
- *The Bully Buster* by Jane Drake
- *The Bully Free Classroom* by Allan Beane, Ph.D
- *The Bully, the Bullied, and the Bystander* by Barbara Coloroso
- *The Challenge to Care in Schools* by Nel Noddings
- *The Power of Positive Talk* by Douglas Bloch
- *The Safe Child Book* by Sherryll Kraizer, Ph.D.
- *The Way I Feel* by Janan Cain
- *Waging Peace in Our Schools* by Linda Lantieri and Janet Patti
- *What to Do When Kids Are Mean To Your Child* by Elin McCoy
- *Win the Whining War & Other Skirmishes* by Cynthia Whitham, M.S.W.
- *You Can't Say You Can't Play* by Vivian Gussin Paley

*** Recommended by Rhonda J. Armistead, Ph.D. NCSP
 Immediate Past President of the National Association of School
 Psychologists

BOOKS FOR CHILDREN AGES 4-8

- *Bailey the Big Bully* by Liz Boyd
- *Blue Cheese Breath and Stinky Feet: How to Deal with Bullies* by Catherine DePino
- *Lucy and the Bully* by Claire Alexander
- *Bootsie Barker Bites* by Barbara Bottner
- *Bully* by Judith Caseley
- *Bully (Good Bad)* by Janine Amos
- *Bully Trouble* by Joanna Cole
- *Chester Raccoon and the Big Bad Bully* by Audrey Penn
- *Dog Eared* by Amanda Harvey

- *Don't Laugh at Me* by Steve Seskin and Allen Shamblin
- *Enemy Pie* by Derek Munson
- *First Grade King* by Karen L. Williams
- *Hooway for Wodney Wat **** by Helen Lester
Ages 5-8. Classmates make fun of someone because of a speech impediment
- *Howard B. Wigglebottom Learns about Bullies **** by Howard Binkow.
Ages 4-7. Howard, a rabbit listens to the voice in his head telling him, he should tell his teacher about the bullying he receives from the Snorton twins, a set of overgrown pigs.
- *How To Be A Friend: A Guide to Making Friends and Keeping Them* by Laurie Krasny Brown and Marc Brown
- *How to Lose All Your Friends* by Nancy Carlson
- *I Like Being Me: Poems for Children About Feeling Special, Appreciating Others, and Getting Along* by Judy Lalli
- *I Like Me!* By Nancy L. Carlson
- *I'm Like You, You're Like Me: A Child's Book About Understanding and Celebrating Each Other* by Cindy Gainer
- *King of the Playground**** by Phyllis Reynolds Naylor
Ages 4-8. With his dad's help, a young boy overcomes his fear of a boy who will not let him on the playground.
- *Liking Myself* by Pat Palmer
- *Loudmouth George and the Sixth Grade Bully* by Nancy L. Carlson
- *Lucy and the Bully* by Claire Alexander
- *Mr. Peabody's Apples* by Madonna
- *My Secret Bully (Mi Enemiga Secreta)**** by Trudy Ludwig, (translator Aurora Hernandez). Ages 5-8. A girl confides to her mother that best friend is treating her badly, and together they figure out what to do.
- *Nobody Knew What to Do **** by Becky Ray McCain
Ages 6-9. When bullies pick on a boy at school, a classmate is afraid, but decides he must do something
- *Pinky and Rex and the Bully* by James Howe
- *Please Stop, I Don't Like That!" 6 Magic Words to Be Respectfully Assertive* by Sandy Ragona
- *Push and Shove* by Jim and Joan Boulden
- *Recess Queen **** by Alexis O'Neil

- Ages 4-8. The biggest bully on the playground is challenged by a new girl at school.
- *Say Something* by Peggy Moss and Lea Lyon
 - *Simon's Hook: A Story About Teases and Putdowns* by Karen Gedig Burnett
 - *Stand Tall, Molly Lou Melon* *** by Patty Lovell
Ages 4-8. A young girl is ready for when the class bully at new school makes fun of her.
 - *Stop Picking on Me* *** by Thomas and Leslie Harker. Ages 5-8.
Simple and direct language to help young kids accept the normal fears and worries that accompany bullying
 - *Stop Picking on Me-A First Look at Bullying* by Pat Thomas
 - *The Ant Bully* by John Nickle
 - *The Bully Blockers Club* by Teresa Bateman
 - *The Brand New Kid* by Katie Couric
 - *The Meanest Thing to Say* by Bill Cosby
 - *The Rat and the Tiger* by Keiko Kasza
 - *We Can Get Along: a Child's Book of Choices* by Lauren Murphy Payne, M.S.W.
 - *Words are Not for Hurting and Hands are Not for Hitting* by Elizabeth Verdick

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